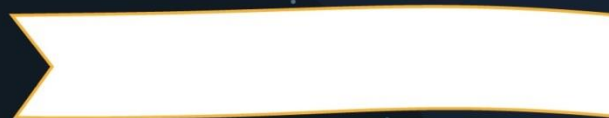




APRIL

2021



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Special Announcements: **Breakfast includes:** fruit, juice and /or milk
Lunch includes: Choice of Vegetables, fruit, and milk
Prices: Breakfast: Students are free Adults \$2.75 Lunch: Reduced 0.40 Paid \$2.85
 Adult \$4.00

Breakfast:
Muffins
Lunch:
Pizza

1.

**NO
SCHOOL**

2.

Breakfast:
Nutrigrain Bar
Lunch:
Chicken Parmesan

5.

Breakfast:
Muffins
Lunch:
French Bread Pizza

6.

Breakfast:
Mini Pancakes
Lunch:
Nachos

7.

Breakfast:
Pancake on a Stick
Lunch:
Chicken Nuggets

8.

Breakfast:
Waffles
Lunch:
Quesadilla

9.

Breakfast:
Nutrigrain Bar
Lunch:
Steak Fingers

12.

Breakfast:
Pigs in a Blanket
Lunch:
Pizza

13.

Breakfast:
Breakfast Bread
Lunch:
Chicken Sandwich

14.

Breakfast:
Breakfast Crackers & Yogurt
Lunch:
Hamburger Steak

15.

Breakfast:
French Toast
Lunch:
Burrito

16.

Breakfast:
Cereal Bar
Lunch:
Corn Dogs

19.

Breakfast:
Muffins
Lunch:
Nachos

20.

Breakfast:
Waffles
Lunch:
Chicken Nuggets

21.

Breakfast:
Pancake on a Stick
Lunch:
Pizza

22.

Breakfast:
French Toast
Lunch:
Cheeseburger

23.

Breakfast:
Muffins
Lunch:
Pizza

26.

Breakfast:
Pigs in a Blanket
Lunch:
Chicken Parmesan

27.

Breakfast:
Cereal Bar
Lunch:
Tacos

28.

Breakfast:
Breakfast Crackers & Yogurt
Lunch:
Chicken Nuggets

29.

Breakfast:
Breakfast Break
Lunch:
Burrito

30.



- Art Contest Deadline Apr. 2



Food and Nutrition Division
National School Lunch Program and School Breakfast Program

TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER

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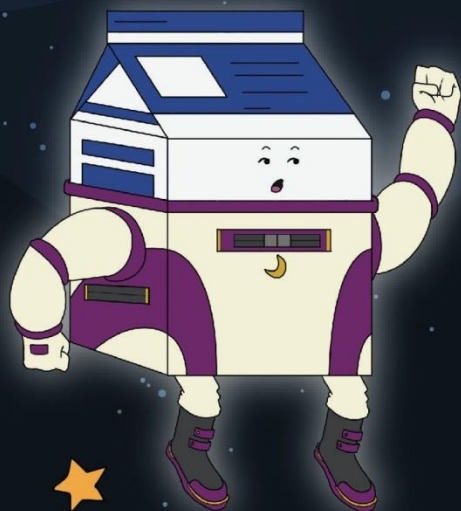


Updated 01/2020
www.SquareMeals.org



MOON MILK

The moon is more than 200,000 miles away from the Earth. At this distance it takes about three full days for astronauts to travel from the Earth's surface to land on the moon. Because it is Earth's closest neighbor, we have been able to gain more knowledge about it than any other body in the Solar System besides the Earth. The moon is also the brightest object in the night sky. Today, astronomers know that the moon is slowly moving away from the Earth. But at the rate it is traveling, about 1.5 inches per year, it will be lighting up our night sky for a long time.



WORD SEARCH

A	G	Z	J	N	W	L	A
C	A	B	L	X	K	J	C
A	Z	T	D	C	D	R	A
L	T	E	X	A	S	D	L
C	S	Q	B	D	I	E	V
I	B	D	A	I	F	R	I
U	G	W	O	C	G	E	Y
M	I	L	K	T	V	H	N

DID YOU KNOW?

Milk is a popular dairy product and it is an excellent source of calcium and vitamin D. The delicious low-fat or fat-free milk you get at school comes from dairy cows.

Dairy products help build strong bones so you can grow up healthy. Three daily servings of dairy products are recommended for school age children. Some sources of dairy include milk, cheese, and yogurt.



COW
CALCIUM
DAIRY

MILK
TEXAS



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